

Temporal Brow Lift

Temporal brow lift is a variation of endoscopic forehead lift and is indicated in those patients in which the central portion of the brow and forehead is in good position while the lateral outer one third of the brow is completely flat or slanted downwards.

In this procedure, a 3 – 4 cm incision is made above the ear behind the hairline and the skin, and muscles of the outer one third of the brow are then suspended into position such that there is a graceful curve to the outer one third of the eyebrow. In many instances, this will be combined with an upper blepharoplasty.

After Surgery

This procedure requires minimal down time and many patients will be able to return to normal activities within five to ten days.

Otoplasty (Ear Surgery)

Adult otoplasty is designed for the adult patient in which failure of the ear cartilage to mould or conform appropriately produces a cup ear or protruding ear deformity. The goal of the procedure is to provide ears that are reduced in size and made symmetrical with each other.

Adult candidate for otoplasty should understand that firmer adult cartilage of fully developed ears does not provide the same moulding capacity as in children.

Otoplasty incisions are made behind the ear in the natural skin fold just behind the apex and posterior edge of the ear cartilage. In most instances, cartilage is moulded and reshaped with the use of permanent stitches or sutures. In some cases, it is necessary to trim or remove cartilage to produce the desired result.

BEFORE



AFTER



For more before and after examples of this procedure, visit our web site.

After Surgery

A soft tissue pressure dressing is applied to the ears that will remain in place for approximately 5 – 7 days. The pressure dressing prevents the accumulation of blood or edema fluid, and ultimately leads to a more rapid appropriate cosmetic appearance. Most patients will experience mild discomfort with an abnormal sensation or tightness in the ears that can last for several weeks to months. As the scars are placed behind the ear, the problem of scar visibility is usually inconsequential. The procedure can be performed under a general anesthetic or with intravenous sedation, depending on patient preference. Most adults can return to full normal activities within seven to ten days.